Northlake UU Church

— Healthy Congregation Team ——

We enhance the vision of creating loving community:

We support the Northlake Covenant of Right Relations:

As individual people working together to form an inclusive, joyful, and sacred community, we commit to this covenant:

- We will offer acceptance and support to all, giving and receiving with grace and gratitude.
- We will listen with compassion and speak with honesty and respect.
- We will acknowledge our feelings and take responsibility for the impact of our actions.
- We will welcome the open-hearted exchange of perspectives while respecting personal boundaries.
- We will address conflicts directly, give the benefit of the doubt, and forgive ourselves and each other.

By honoring these commitments, we foster an empowered Northlake community, promoting love, equity, and justice in the world.

What does the HCT do?

- We help the congregation stay in covenant, in good relations.
- We facilitate a process to work through conflict (using Self-reflection and Conflict-reflection).
- We listen and encourage people to work on their conflicts.
- We help ease friction.
- We can be a sounding board.

What the HCT does NOT do:

- We don't solve issues.
- We don't determine who is right or wrong.
- We do not go out and look for conflict.
- We do not act as 'go-betweens' for people in conflict.
- We do not take sides.
- We are not therapists.

What we expect from you:

- Own your own conflict (but we will help!).
- Be self-reflective.
- To be open to reflecting on and addressing conflict.
- To be understanding and compassionate.
- To approach the HCT when needed.

Conflict is normal.

We realize you may be uncomfortable with these expectations and with conflict.

Steps we may take when conflict arises:

As a team we will work with you through this process. We will:

- 1. Listen so that we can understand your viewpoint.
- 2. Ask you to be self-reflective.
- 3. We will work with you to look at ways to reframe the conflict.
- 4. Together we will determine the next steps and possible solutions to the conflict.
- 5. We will follow-up with you and discuss outcomes.

Who is on the Healthy Congregation Team?

Members

- Pablo Barcenas
- Janet Kuller
- Elaine Srinivas
- Rev. Nancy Reid-McKee

How to engage us:

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